

Student Health Advisory Council (SHAC)

December 1st 2023

1pm-2pm

Agenda

Walter J. Hawrys Recreation Center - Multipurpose Room

1. Attendance

Kerri Mahoney (Director, CPO)

Samantha Warren (Health Promotion Specialist, CPO)

Smita Majumdar Das (Executive Director, CAPS and CPO)

Rachel Bergeson (Medical Director, SHS)

Karen Dybus (Interim Director of Patient Services and Operations, SHS)

Daniela Benitez (Administrative Assistant, CAPS)

Rob Alpi (Marketing and Communications Coordinator, SHWPS)

Chloe Maloy (CPO Peer Educator)

Joanna Weng (CPO Peer Educator)

Shreyasi Saha (CPO Peer Educator)

Alex Herz (USG Student Representative)

Devin Lobosco (USG Student Representative)

Joanna Alexandropoulos (CPO Peer Educator)

David Safo (USG Student Representative)

Sujana Azmain (Self Selected, STYLE Peer Ed)

Daniel Terlikowski (Self Selected, SBCCERT)

Ben Sonant (Student Assistant, CAPS)

Sasha Ali (Self Selected)

Michelle Li (Self Selected, CPO Student Assistant)

2. Updates

a. CAPS

- i. CAPS has instituted an immediate support program for students to be more receptive to student needs
- ii. Community Beautification Project - Mandala Project for student art to be hung in CAPS will take place on 12/6 12PM - 3PM SAC Ballroom A
- iii. Display of Student Art in the Halls of CAPS
 1. CAPS will begin renting art from students to hand in the spaces
 2. Pride Origami Flag's New Home - CAPS will be the new home for the Pride Origami Flag

b. SHS

- i. SHS has distributed almost all of its Flu Vaccine inventory, students will be referred to their local CVS or pharmacy for flu vaccines.

- ii. COVID shots were not highly utilized, many expired- students will be referred to CVS clinics for COVID vaccines
- iii. SHWPS will be hosting more CVS pods in the Spring
- iv. Pharmacy team is working on getting more insurance companies listed to fill prescriptions including medicaid
- v. Trying to keep costs as long as possible for students, if there is a charge it is not due that day, it is charged to your SOLAR account and can be paid later
- vi. Thursday and Friday 12/5 and 12/6 - Surveyor visiting from AAAHC (Accreditation Association for Ambulatory Health Care) for accreditation of SHS, Students are welcome to come and talk to the surveyors if they would like to help SHS improve
 - 1. Accreditation is important because it signifies the quality of care and high standards of SHS

Q: How many COVID shots expired? 40, there was a low uptake of the COVID Vaccine, have given out about 500 flu shots

Monkey pox vaccines are available from Suffolk County DOH if a student requests it

c. CPO (Kerri)

- i. Events for Finals week- Study Break Cafe will be broken up so students can engage all week from 12/11-12/15, the CPO office will be open until 7pm, Peer Eds will be tabling in the Union Lobby from 12-7pm, Friday 4-7pm with Snacks, DIY Grab and Go kits of Lava Lamps, Body Scrubs, Hair Masks, and Vision Boards
- ii. Peer Ed program recruitment and application process will start in the spring, be on the lookout in January for marketing and emails from CPO, if interested fill out the CPO Peer Ed interest form at stonybrook.edu/cpo
- iii. CPO visited Planned Parenthood of Hudson Peconic in Smithtown to see their new Mobile Clinic and meet new team members, working on bringing the mobile clinic to campus to increase access to care for students
- iv. Health Products - come and get what you need for winter break

Q: Any update on the Narcan boxes? Still working on how/ where to install them on campus. CPO Attended a presentation Assistant DA from Suffolk County about emerging threats and trends, Opioid overdose are still widely present in Suffolk County and NY state, so pick up a Narcan Kit or get trained before leaving for break

- 3. Review broad-based fees/ and updates on SHWPS (Dr. Bergeson)
 - a. There are currently no plans for changes in broad based fees, will revisit in February
- 4. Updates on future programs and meetings (Samantha)
 - a. Next Meeting February 2nd
 - b. Have a Wonderful Winter Break!
- 5. Open Agenda

- a. CAPS has a student satisfaction survey, but it is currently on the Wolfie Health Portal so there is a very low response rate, CAPS would like a higher response rate to continue to improve services
 - i. Does the group have any ideas? We may have to move to a paper survey to do on the students way out
 - ii. It would be completely anonymous
 - iii. If they survey the entire campus, you get a lot of responses from students who have never been to CAPS and are repeating things they've heard or assumptions they may have
 - iv. Student suggestions: many of the questions should be check boxes,paper survey to fill out on their way out of the office and put in a drop box
 - v. Can we do it electronically? CAPS has been working for months to figure that out, qualtrics is not protected enough to use for health information

Q: How many students go to CAPS only one time?

600-700 students come once and never again, some students get referred out to community providers, some students only need one appointment to get care, some complete and Initial consultation and don't come back, some can be successful with brief single session therapy

Nationally the typically number of visits is 1 (CMHC data)